

Avon Congregational Church's Electronic Weekly Newsletter

October 28, 2026 **www.avon-church.org**

Worship and Hospitality Volunteers for Sunday, November 1
Communion Elements - Barbara Ruppert, Reader - Candace Doersch,
Usher - Dick Lytle, Trustee - Susan Elliott, Videographer - Betsy Van Loon
Coffee Hour Host - Charlie Zaorski, Food Provider - Joan Miller



The sparkle in the eyes, the smell of an unforgettable unique recipe, the touch of a hand that only this person could give - these are only the tip of an iceberg of the memories our hearts and minds recall about loved ones who have died. Sometimes it's their personality we grieve - their laugh, their soothing voice. Sometimes it's who they were and still represent in our life - a mentor, one whose wise advice transformed our own. Sometimes it's just the memory that this one individual was a sure thing - our harbor in a storm amidst the cacophony of life's troubles.

How do we carry forth their legacy? What ways can we honor their memory?

This Sunday, we acknowledge All Saint's Day at Avon Congregational Church and the individual 'saints' of each of our own lives. There will be opportunity to say and do some things that center those we love in our faith journey. A special music offering from Karen, along with a professional trumpeter will round out this service to be something you won't want to miss.

Blessings In and Through Our Shared Griefs, Pastor Chris

FRIENDLY REMINDER
SET YOUR CLOCKS BACK AN HOUR BEFORE GOING TO SLEEP ON OCT. 31
(so you don't arrive at church at 9 AM on Nov. 1)

New Member Orientation, Sunday, November 8th, 11:30 AM - Does God call you to share your gifts in ways that will provide you with deep meaning? Do you seek lifelong friendships here with us? A New Member Orientation Lunch will be held on Sunday, November 8th, following the worship service. We warmly invite you to come and discover how you can become a member of our church community.

New Member Sunday, November 15th, during worship- On this special day new members are introduced to the congregation, who recognize their choice to join our journey of faith. A meaningful ceremony is held as part of the service. This is a joyful time that strengthens the bonds of the church community - we look forward to welcoming our newest members and walking together on the path of faith.

If you haven't already spoken to Pastor Chris, and you have discerned that God is calling you to be a new member here, please call 860-678-0488, ext. 11.

CHAIR YOGA Thursdays October 29 and November 5 -12:30 pm (45 minutes)
Practices based on Gentle movement, Breathwork and Relaxation



REGULAR PRACTICE BENEFITS

1. Joint Mobility & Ease of Movements
2. Cognition, Focus & Mood
3. Better Balance & Fall Prevention
4. Restful Sleep & Calm Nervous System
5. Connection & Community Wellness

All movements are slow, safe, and gentle

Frequently Asked Questions (FAQ)

I have never done yoga before. Can I still join?
Absolutely. This practice is designed especially for beginners, seniors and individuals with mobility challenges.
You simply follow along at your own comfortable pace.

I have joint pain, arthritis, or stiffness. Is it safe for me?
Yes. All movements are gentle and low-impact, with modifications offered.
Please always listen to your body and move only as feels comfortable.

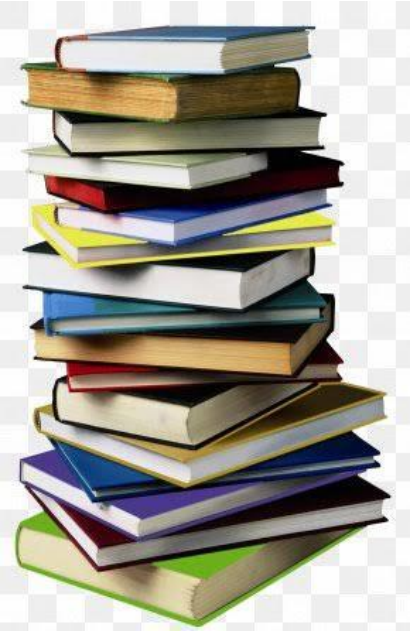
How does breathwork help with sleep?
Our guided breathwork calms the nervous system, and relax body and mind.

Everyone is Welcome! Questions? Call 860.678.0488.



Trick or Treat Halloween Avon Nursery School HELP NEEDED
ANS is looking for people to help with a "trick or treat" event for the Nursery School. Come and decorate a table with a special theme or just your favorite Halloween décor. If you cannot attend, donations of candy and small toys for their "Trick or Treat" can be dropped off in the church office. Please RSVP to Jolene at ans@avon-church.org. Thank you!





ACC/Social and Environmental Justice Committee Educational Events!!

Censorship and Book Banning--Can it Happen Here?
Showing "The Librarians" Emmy Award winning documentary. Tells the story of heroic librarians facing the rising threat of book challenges/banning in schools and public libraries. (92 minutes)

Sunday, November 1st & 8th Book Display in Fellowship Hall with Contextual Information and an interactive activity.

Sunday, November 15th Lunch (pizza and salad) in upstairs classroom followed by film in library

Want more information about book challenges and bans?
Visit: https://pen.org/report/book-bans-spotlight-2026/

Stewardship News – The Thanksgiving season is upon us; it's a time to reflect and be grateful for our blessings. November is Stewardship Month at Avon Congregational Church, a very important month celebrating our church blessings and planning and budgeting for our year ahead. The following are important dates during the Stewardship season:



November 2nd - Stewardship letter mailed to the congregation
November 8th - Stewardship Sunday (the service will have some element of describing stewardship)
November 22nd - Pledge Sunday (pledges received and blessed)



Coffee with the Pastor will take place the 2nd through 4th (or 5th) Wednesdays, 10 am at the Coffee Trade (21 West Main St.) each month. Please note: there is no longer CWTP on the 1st Wednesday of each month, often when we are cooking for 1st Friday Dinners. **Come by for conversation and fellowship.** Pop in or stay for the hour. See you there!



Toddler Adult & Child Classes--Twoodles
Avon Nursery School is very excited to start their very own Toddler program, Twoodles. This class is for children ages two and up and will be a time for them with an adult to attend an hour-long program instructed by the Director Jolene Tefoe in our meeting room twice per month. We will sing, dance, and learn through developmentally appropriate activities.

Children are invited to play on the playground after class. This is open to the community, so feel free to invite neighbors and friends. The cost of the class will be $10.00 per child.

The members of our Toddler classes will also be invited to our family programs, such as Table 'or Treat and Harvest Feast.

Future dates for Twoodles class will be:
Thursday, November 5th 10:00-11:00
Thursday, November 19th 10:00-11:00
Thursday, December 3rd 10:00-11:00
Thursday, December 17th 10:00-11:00

*Please sign up by contacting Jolene Tefoe, Director of Avon Nursery School, at 860-845-3704 or ans@avon-church.org.



First Friday Dinner Friday, November 6, 2026 Serving 5:30–6:30 PM Dining till 7:00 PM "Autumn in New England" featuring Glazed Roast Pork Loin with house made gravy, New England bread, cranberry & walnut stuffing with fresh herbs, Jennie's House Made Apple Sauce, Tender Green Beans Almandine, Fresh Greens Salad with beets, apples, walnuts goat cheese (on the side) and homemade champagne vinaigrette, Fresh-baked Dinner Rolls & our Dessert and Hot Beverage Buffet!

$20/meal No Reservations Necessary Take-Out Available
A poster is attached for you to print and post at your favorite local store.





On Sunday, November 8, Avon Congregational Church will be honoring our veterans! Please bring photo(s) of your favorite vet to display at coffee hour but be sure to label all photos so we can recognize them in their younger service years! Please drop your photo(s) off in Fellowship Hall on your way to the sanctuary. Also, you'll not want to miss a special presentation of Quilts of Valor to our many church veterans who have not yet received one.



Retired Men's Discussion Group Meeting the 2nd Monday of each month in the Library, 10:30 am -12:00 pm. Calling all retired (or 'rewired') men! Would you like a low-stress, no obligation opportunity to share similar experiences and build lasting friendships? Do you sometimes feel 'invisible' in a world geared toward the working young? This monthly discussion group offers topic starters, like 'Name your favorite TV show as a kid?' all the way to 'Do you ever feel more invisible as you age?' Engaging, fun, meaningful. Questions? Call the Church Office or contact church members, Jerry Humble or Leslie DesMangles.

An Autumn Bible Study: Women In The Bible
at Avon Congregational Church

November 10 & 17 6:30 PM – 8:00 PM in the church library



Offered by Leslie DesMangles church member and professor in Religious Studies. Many of the women in the Bible are intriguing figures who defied male authority in a patriarchal society. They resisted the men by devising clever schemes, and even sexual seductions, to guarantee the needs of their people. What is remarkable is that these women were not punished and were often rewarded for their boldness and their unconventional behaviors. In this study, we examine the lives of these timeless heroines and give attention to their struggles to love, to parent and to succeed in their relationships with others. **All are welcome**

Bring your work gloves, pruners, weeding tools, rakes, etc. and help the Building and Grounds Ministry bring order to the church grounds! **We'll be meeting Nov. 14 at 10 am.** Let us know



Avon Congregational Church presents another

First Friday Dinner

"Autumn in New England"

Friday, November 6, 2026

Serving 5:30 – 6:30 PM Dining till 7:00 PM



featuring

'Glazed Roast Pork Loin'

Glazed Roast Pork Loin with house made gravy, New England bread, cranberry & walnut stuffing with fresh herbs, Jennie's House Made Apple Sauce, Tender Green Beans Almandine, Fresh Greens Salad with beets, apples, walnuts goat cheese (on the side) and homemade champagne vinaigrette, Fresh-baked Dinner Rolls & our Dessert and Hot Beverage Buffet!

$20/meal No Reservations Necessary

Take-Out Available

Located in the church Fellowship Hall at 6 West Main St. Avon CT

Livestreaming Services and Accessing Church Social Media

Sunday services are accessible on the Avon Congregational Church Facebook page and our YouTube channel. The links for those are below:
https://www.facebook.com/avoncongregational **or**
https://www.youtube.com/channel/UC9C9s7fZ28HKpSllaoeGZfQ

For information about Avon Congregational Church, click on the following link:

The Avon Congregational Church Website
www.avon-church.org

Most events and lots of pictures are often posted to our ACC Facebook Page

Statement of Inclusion

In keeping with the life and teaching of Christ Jesus, we joyfully and unconditionally welcome all people of any age, gender, sexual orientation, race, culture, ability or social or economic status into our community of faith. We affirm the humanity of all people as unique individuals made in God's image. We also affirm the special gifts that each person has to offer. We invite all to participate in the full life of the church and covenant of our Christian community.

Staff Contact List – Online Church Information

Rev. Chris Solimene, Pastor	pastor@avon-church.org
Karen Levan, Dir. of Music Ministries/Organist	music@avon-church.org
Jolene Tefoe, Dir. of Avon Nursery School	ans@avon-church.org
Charry Salmon, Office Manager	office@avon-church.org
John Carlson, Finance Administrator	administrator@avon-church.org
Lenny Lebatique, Sexton	

Church Address: 6 West Main Street, Avon, CT 06001
Church Phone Number 860-678-0488
Church Website www.avon-church.org
Church Wi-Fi: avonchurch

Scan to Donate

Steering Circle 2026 – 2027

Moderator – Jerry Humble; Treasurer – Bob Linderman; Clerk – Candace Doersch; Worship – Alex Harris and Kent May; Nurturing – Lee Egan and Joan Miller; Outreach – Lynn Del Cegno and Leslie Desmangles; Support – Kate Allen and Betsy Van Loon; Members – at - Large – Fran Festa and Kate Rickson - McNally